



5 mins

Allergens







Utensils



spoon knife



sharp knife and cutting board



Toaster

You will need...



one banana

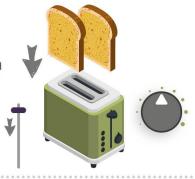


20g peanut butter



2 Slices Medium wholemeal bread

Put the bread in the toaster on medium setting and pull lever



Chop the banana into thin pieces

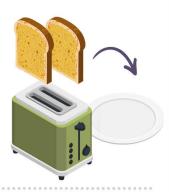




Breakfast Recipe

Peanut Butter and Sliced Banana on Toast (Toasted)

Once toaster 'pings', remove toast and place on a plate



Spread the peanut butter over the toast



Top with sliced banana



6 Enjoy your breakfast

